

Fire and Earth Art Workshop

Mindfulness through creative expression

Workshop leader—LIZZY GUNNING



The College of Healing
Membership Association

- A meditative journey through the elements of fire and earth
- Give expression in art form to visualise your inner thoughts and feelings
- Express the power of the elements every day through the five senses
- Look at the signs of the zodiac to see how peoples' birth signs are affected by these elements



Cost - Members £45 Non-Members £60
Venue Britons Lane, Linley Brook, Bridgnorth WV16 4TA
Date Saturday 11th November 10am to 5pm
Includes refreshments. (lunch not included)
Book now to avoid disappointment.

Call or mail Fran to book your place
m: 07442 497263
e: fran@collegeofhealing.org www.collegeofhealing.org

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